



NOM C.A.R.E.S.

(Compassion-Advocacy-Resources-Empowerment-Support)

NOM – York has created a support group for families and friends with a loved one who is struggling with an addiction to opiates, whether active or in recovery, and those who have lost someone to addiction.

We are excited to announce that we are expanding to Delta, with help from Gaudenzia.

**FIRST THURSDAY OF THE MONTH
6:30 - 8 PM
GAUDENZIA OUTPATIENT
617 MAIN STREET, DELTA PA 17314**

Participants are expected to wear a face mask and social distance.

Children ages 7-11 may attend the Community Youth Night from 6 - 7:30 PM at the Community Services Building, 5 Pendryus Street.

Contact Cindy Heath, Support Group Facilitator, 717-858-3830, or Alyssa Rohrbaugh, NOM Vice-President, 717-424-8890 or supportgroup@nomyork.org.