



WEDNESDAYS 6 - 7PM

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JOIN US ON ZOOM. THIS VIRTUAL GROUP IS OPEN TO ANY FAMILY MEMBER IMPACTED BY A LOVED ONE'S SUBSTANCE USE DISORDER OR MENTAL ILLNESS. COME WHEN YOU CAN, OR COME EVERY WEEK THERE ARE NO CONTRACTS TO SIGN ONLY SUPPORT. GIVE YOURSELF THE GIFT OF COMMUNITY.

# family recovery coaching group

cost:

\$300/YR

\$30/MO

NO COST TO CURRENT CLIENTS

LIVING IN THE WORLD OF SUBSTANCE USE DISORDER AND MENTAL ILLNESS CAN BE LONELY. IT IS HARD FOR EVEN THE BEST OF FRIENDS TO TRULY UNDERSTAND.

ANXIETY CAUSED BY THE UNKNOWN AND TRAUMA FROM THE PAST CAN PLAGUE US LONG AFTER OUR LOVED ONE BEGINS A PATH TO RECOVERY. OUR NEED AS FAMILY MEMBERS, FOR CONNECTION AND SUPPORT MAY NOT BE EVIDENT IN THE DAY TO DAY, BUT WHEN THE CRISIS HITS, WE NEED IT MORE THAN EVER. JOIN US IN BUILDING A COMMUNITY OF FAMILY RECOVERY, FOCUSED ON PERSONAL GROWTH AND HEALING RELATIONSHIPS THROUGH CONNECTION, EDUCATION AND PRACTICE.

begins

19  
april

register online:

[WWW.IGNITERECOVERYCOACHING.COM](http://WWW.IGNITERECOVERYCOACHING.COM)

register by email:

[LISAM@IGNITERECOVERYCOACHING.COM](mailto:LISAM@IGNITERECOVERYCOACHING.COM)